



HOW TO PROPERLY FOLIAR SPRAY

with our favorite Recipes

Foliar Spraying Tips:

- ✓ Always use Purified (no minerals /chlorine) water to avoid clogging sprayer or damaging sensitive plant leaves.
- ✓ pH solution to whatever either the label suggests or else to whatever pH you are currently feeding plants at. An example of this is 6.5 for Soil and 6.0 for Hydroponics.
- ✓ Best effect is achieved by creating a fine mist out of the spray content. Use of pressurized / compression sprayers like the **Killa Spray** are advised. Alternatively you can get cheaper compression sprayers. In general try to get a plastic tip. . . They seem to work better than the Metal tip'd ones.
- ✓ Make sure to spray undersides of the leaves where the plants stomata's are located. Full Coverage is key.
- ✓ It is best to spray when temp is below 80 deg. F if not using CO₂. If using CO₂ then spray at 86 deg. F. At this temp, the stomatas on the undersides of the leaves are open. *It is best to spray at the end or beginning of day.*
- ✓ Absorption is best when environmental conditions are humid. 55-70% Humidity.
- ✓ It is highly advisable to use a wetting agent /surfactant such as **Wet Betty** (for delivering additives into plant) or like **Coco wet** for pesticides that will "stick" better on leaves. These wetting agents are not just "detergent" or "dish soap" they will not damage the cuticle layer of the plant's leaves. Wetting Agents will make the water molecules "wetter," spreading them apart from one another; preventing "blotching" or grouping together of water spots. This blotching of water molecules in turn will create a magnifying glass effect which when intense light hits it can in turn burn your leaves. Wetting agents, like **Wet Betty** or DutchMaster's **Penetrator** will also help deliver additives into the plant up to 300% better than just spraying alone (without the use of a wetting agent).
- ✓ Always be aware of what you are spraying at your plants. Make sure to mix additives that can be combined safely with other additives. Also, make sure that you are not adding two of the same or like products together (both at full strength). (An ex. of this is blending two kelp products such as **Alg-A-Mic**, and **Liquid Karma** or **Floralicious Plus** and **Liquid Karma**.)
- ✓ Whenever spraying something new, we suggest spraying one strain of each type of plant you have. Wait to see if each plant takes to the foliar delivery well (1 day should suffice). See how that plant does. . . (This is for additives, enhancers, nutrients, or pesticides.) If this one plant is healthy that continue to spray entire crop.
- ✓ This is a general rule that will not apply to every additive) that whenever you spray the lights are off and fans are on for 2-3 hours making sure the leaves dry out. Then when you turn lights back on raise the up 1 more foot above where they have been in the past for one day. This will help ensure NO leaves get burned.

How Nutrients and Additives are absorbed and translocated within a Plant:

Plants can absorb additives and nutrients through either the stomata (main avenue) as well as through their waxy cuticle layer. That is why it is important to spray both sides of the leaves for better absorption. Although most additives get absorbed through the stomata they also can make it in through the rest of the leaf tissue as well. Since the stomata are the main pathway into the cell, we will focus our conversation on them. Under most conditions, stomata open when the light strikes the leaf at the beginning of their daytime (morning) and close at the end of their day during their dark period (plants night.) The immediate cause is a change in water pressure (turgor), of the guard cells within the plant's leaf tissue. Each guard cell has a thick, yet elastic inner wall. When turgor develops within the two guard cells flanking each stoma, the thin outer walls bulge out and force the inner walls into a crescent shape. This opens the stoma. When the guard cells lose turgor, the elastic inner walls regain their original shape and the stoma closes.

A very permeable pathway exists for the movement of nutrients through the surface of the leaf to the various living tissues within the plant. It has been found to be very fast - roughly an hour to move from the leaf to within the plant itself. Most applied additives are absorbed into, and throughout the entire plant in a day's time. Such applied nutrients move rapidly to points of new growing points of stems and roots, thus having an immediate effect on growth and development. Soil, or root zone applied fertilizers / additives can take much longer to get into the plant's inner tissues and effect growth.

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We recommend foliar spraying at least every 3 days. Please feel free to mix and match the foliar recipes below. Follow their suggested use time for each given recipe. Also ask us about some of our other favorite recipes.

Foliar Recipe with Foliar A+B, Piranha, Messenger, and Wet Betty:

This is an all around metabolism boosting, immune system building, pathogen-warding off tonic that will keep your plants standing strong and growing faster than you have seen before. We can't talk highly enough of this potent concoction. Your plants will be singing and soaring towards the sky.

Application Instructions:

- *Apply this spray every two weeks.*

Quart Sprayer - Mix 4 tsp of **Foliar A+B**, 1/4 tsp of **Messenger**, 1/2 tsp of **Piranha** and **Wet Betty** at 1/4 tsp in a quart spray bottle filled with purified (reverse osmosis) water.

Gallon Sprayer- Mix 16 tsp of **Foliar A+B**, 1 tsp of **Messenger**, 2 tsp of **Piranha** and **Wet Betty** at 1 tsp in a one gallon spray bottle filled with purified (reverse osmosis) water.

Einstein Oil and Wet Betty:

Neem oil is a great preventive for warding off / controlling a variety of pests (spider mites, thrips, whitefly's, aphids, etc.) as well as keeping powdery mildew at bay. Neem works best if sprayed consistently every 3 days. We suggest **Einstein Oil** because it is "cold pressed" and retains more of the active ingredients than other products. Mix with **Coco Wet** and apply at lowest dosage at first. Raise dosage up slightly every spray until max application rate is reached.

Application Instructions:

- *Apply this spray every 3 days. Build dosage up from lowest to highest then ride highest dosage out until 4th week of Bloom.*

Quart Sprayer - Mix 1/2-2tsp. of **Einstein Oil** and a few drops of **Coco Wet** per Quart of "warmed up" purified (RO) water.

Gallon Sprayer- Mix 2-8tsp. of **Einstein Oil** and a 1/4tso. of **Coco Wet** per Gallon of "warmed up" purified (RO) water.

Alg-A-Mic, Plant Amp and Wet Betty:

Alg-A-Mic is simply the best kelp solution we have found. It is green when all others are dark green. This is because the kelp is "cold-pressed" which will retain way more of the micro-nutrients, and hormones contained within the ascophyllum nodosum kelp. Kelp has been proven many times over to help in increasing yield as well as maintaining overall plant health. And **Plant Amp** is a very absorbable form of Calcium; a co-factor for so many different molecular / cellular plant mechanisms.

Application Instructions:

- *Apply this spray every 7 days or during transition / stress periods (Transplant, start of Bloom) - ppm's are given for this one.*

Mix 200ppm's of **Alg-A-Mic** and 50ppm's of **Plant Amp**. Then mix 1/4tsp of **Wet Betty** per Quart of Purified (RO) Water.

HB101:

This stimulant / protectant (brought to us from Japan) is made from Pine Oil and is amazing at keeping plants perky and and in general "healthy". Pine oil was proven to be a non-toxic plant defender, growth stimulator, and liquid organic fertilizer. It provides effective control against most pests and root pathogens. Pine Oil will also increase Yield significantly.

Application Instructions:

- *Apply this spray every 7 days.*

Quart Sprayer - Mix 1mL of **HB-101** per Quart of reverse purified (reverse osmosis) water. *No wetting agent is used.*

Gallon Sprayer- Mix 4mL of **HB-101** per Gallon of reverse purified (reverse osmosis) water. *No wetting agent is used.*

DutchMaster Liquid Light, and Penetrator:

DutchMaster has come out with some very unique additives which greatly accelerate Plant Growth and Yield. **Liquid Light** is a formula of selected Amino Acids, Metabolites, and Phospholipids that works by supercharging the chloroplasts. These cells are the solar powered engines that are responsible for turning the light and CO2 into sugar. **Penetrator** is a must! (Do NOT spray without it!) Allowing for 300% more absorption. Make sure you spray with lights ON. Raise them up to 12-24" above their normal hanging spot for the first 2-3 hours after spraying. Then bring lights back down to normal levels.

Application Instructions:

- *Apply this spray every 3-4 days. 2 times a week. Make sure to apply with lights ON, but "raised up" 12-24" for 2-3 hours.*

Quart Sprayer - Mix 60mL of Liquid Light and 60mL / Quart of Penetrator in 1 quart of RO water and **spray up to a week/mix.**

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